

# Health and Wellbeing projects and activities FUNDING APPLICATION

#### 1. Applicant:

Name	Nick Self, Project Officer
Organisation	Wiltshire Wildlife Trust
Address	Elm Tree Court, Long Street, Devizes SN10 1NJ
Phone number	01380 829051 or <b>01380 7336 098</b>
Email address	nicks@wiltshirewildlife.org

#### 2. Amount of funding required from the Area Board:

£0 - £1000	
£1001 - £5000	£2,000
Over £5000 (please note – our grants will not normally exceed £5000)	

#### 3. Are you applying on behalf of a Parish Council?

Yes	
No	Χ

4. If yes, please state why this project cannot be funded from the Parish Precept?

5. Project title?

Wellbeing - Therapy Through Nature (eight week pilot programme)

6. Project summary: (100 words maximum)

The 'Wellbeing – Therapy Through Nature' programme (eight week pilot) will improve the wellbeing of people experiencing mental health issues by providing nature-based activities. The pilot project will aim to give participants the skills they need to improve and manage their own mental wellbeing beyond the eight weeks. This short programme is modelled on the Adult Wellbeing Programme which the Trust has been running since 2008 and will run in a community area where the local people have been unable to access and benefit from the existing programme.

7. Which Area Board are you applying to?

Tidw orth	Ŧ
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8. What is the Post Code of the place where your project is taking place?

SP9			

# 9. Please tell us which themes best describe your project:

	Intergenerational projects Older People Support/Activities Carers Support/Activities Promoting physical and mental wellbeing Combating social isolation Promoting cohesive/resilient communities Arts, crafts and culture Safer communities		Heritage, history and architecture Inclusion, diversity and community spirit Environment, recycling and green initiatives Sport, play and recreation Transport Technology & Digital literacy Other
If Other (please specify)			

# 10. About your project

Nature conservation

### Please tell us about your project (a strong application will address all of the following):

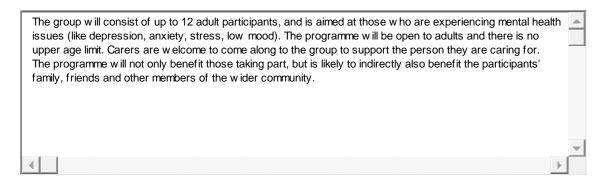
How does your project support local needs and priorities?

The last few years has seen a greater aw areness of mental health issues and a push to improve people's wellbeing – both mental and physical.

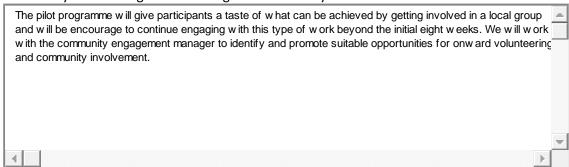
Wiltshire Wildlife Trust's Adult Wellbeing Programme has been running in Wiltshire since 2008, with geographica that have covered the north and the south of the county. Tidworth has been a difficult area to cater for as it falls between the two regions; historically we have received few referrals from this area as local people may not have been able to get to the pick-up points for the different groups.

This tailor-made programme, will be based in Tidworth, for the people of Tidworth, working together in a small group, on local sites that will benefit them and the local community.

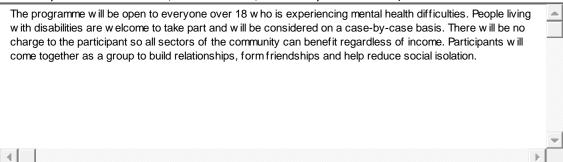
How many older people/carers to do you expect to benefit from your project?



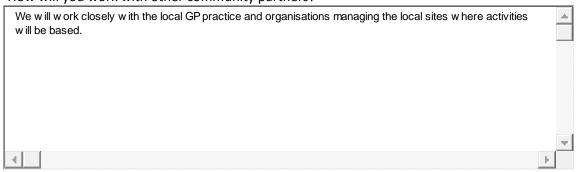
#### How will you encourage volunteering and community involvement?



How will you ensure your project is accessible to everyone (for example: people living with a disability or on low incomes, or vulnerable, or socially isolated etc.)?



## How will you work with other community partners?



# 11. Safeguarding

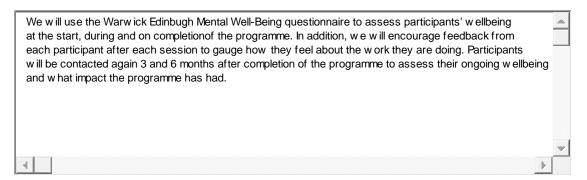
Please tell us about how you will protect and safeguard vulnerable people in your project (You must address all of the following):

- Please provide evidence of your commitment to safeguarding and promoting the welfare of older/vulnerable people and their carers.
- How do you make sure staff and volunteers understand their safeguarding responsibilities?
- Who in your organisation is ultimately responsible for safeguarding?

Wiltshire Wildlife Trust has a safeguarding policy which can be emailed to you if you need to review this. The two members of staff responsible for safeguarding issues are Derek Gard and Debbie Chambers. All staff receive safeguarding training within a few months of starting their employment with the Trust.		
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### 12. Monitoring your project.

How will you know if your project has been successful? \*required field



13. If your project will continue after the Wiltshire Council funding runs out, how will you continue to fund it?

This is an eight week pilot providing support to the local people of Tidworth who have been unable to access	
and benefit from the existing Adult Wellbeing Programme. The pilot will also enable us to assess the	
value of a short term wellbeing programme run in a community area. If the pilot proves to be successful we will seek funding from alternative sources such as Public Health and the CCG to continue to run eight week programmes.	
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<b>▼</b>	

14. If this application forms part of a larger project (eg. building of new village hall), please state what this project is and approximately how much the overall project will cost



#### 15.Finance:

15a. Your Organisation's Finance:

Your latest accor	unts:		
March	Year	2016	•
<b>Total Income:</b> 3,156,142	, car		

Total Expenditure:				
f 3,125,284				
Surplus/Deficit for 1	the year:			
Free reserves curre	nthy holds			
	-	r projects/operating	costs)	
£				
		the everall project cost: b		parity was pood to hold recorves for
-		cover and redundancies		narity we need to hold reserves for
				_
N .				<u> </u>
				_
We are a small co	mmunity gr	oup and do not ha	ve annual a	ccounts or it is our first year:
15b. Project Financ	e:			
Total Project cost		2,906		
-	Aros Doord	2,000		
Total required from		±I	_	
Expenditure  NB. If your organisa	£	Income	£	Tick if income confirmed
reclaims VAT you sh				
exclude VAT from the	he	(Planned Income <u>h</u>	elp)	
expenditure (Planned project co	sts heln)			
Staff delivery time	2,394	In kind (staff delivery	906	V
Resources	120			П
Mileage	392			_
Total	2 906	Total	906	

16. Have you or do you intend to apply for a grant for this project from another area board within this financial year? \*required field

	•	No
17		ase list which area boards you are intending to apply, including this one (You can apply to a cimum of 3 Area Boards for the same project in a financial year) *required field, if Yes to Q11.
	Tid	lw orth
40	DE(	NA PATION
18	. DEC	CLARATION
		porting information - Please confirm that the following documents will be available to inspect n request (You DO NOT need to send these documents to us):
	Quo	tes:
	<b>▽</b> proj	I will make available on request 1 quote for individual project costs over £500 & 2 quotes for ect costs over £1000 (Individual project costs are listed in the expenditure section above)
	Proj	ect/Business Plan:
		For projects over £50,000: I will make available on request a <b>project or business plan</b> (including mates) for projects where the <b>total project cost</b> (as declared in the financial section above) eeds £50,000 (tick only when total project cost exceeds £50,000).
	Acco	ounts:
	~	I will make available on request the organisation's latest accounts
	Con	stitution:
	~	I will make available on request the organisation's Constitution/Terms of Reference etc.
		cies and procedures:
		I will make available on request the necessary and relevant policies and procedures such as Child ection, Safeguarding Adults, Public Liability Insurance, Access audit, Health & Safety and ronmental assessments.
		er supporting information (Tick where appropriate, for some project these will not be licable):
	~	I will make available on request evidence of ownership of buildings/land
	~	I will make available on request the relevant planning permission for the project.
	rece	I will make available on request any other form of licence or approval for this project has been lived prior to submission of this grant application.
	And	finally
	•	I confirm that the information on this form is correct, any award received will be spent on the
	activ	vities specified.

Yes